## Conejo Valley Little League

Coaching Guide – Initial Team Meeting

## **Initial Team Meeting**

## Topics to cover during meeting

- Welcome & Introductions
  - Manager, Assistant Coaches, Parents & Players
- Season Objectives
  - CVLL Philosophy (see Manager's Notebook)
  - Team Goals and Your Expectations
- Overview of Season, Division play
  - Minimum Play Rules (see Manager's Notebook)
  - Supplemental Playing Rules (see Manager's Notebook)
  - Equipment and Uniforms
    - Requests, sizes, names, numbers
    - Game & Practice uniforms (required or not)
    - Cleats, plastic and other equipment
    - Keeping track of your equipment, labeling
  - Safety (Manager's responsibility, taken very seriously)
  - When & where games & practices are scheduled
    - Being on time, locations of practice and games
    - Water, be rested, fed and ready to go
    - Regular communication during season
      - Manager/Coach contact info
      - Refer to ConejoValleyLittleLeague.org website
  - Key dates & activities during season (see Manager's Notebook)
- Volunteers & responsibilities
  - Review what each role does and how it helps the team
  - Code of Conduct (being responsible for your behavior)
- Forms
  - Medical Release Form (important for safety reasons)
    - Needed before kids can play
    - Original with Manager, copy in Team Equipment bag
  - Team Volunteer sheet
  - Volunteer Application Form
  - Sponsor Application Form
- Closing
  - Keeping perspective and having fun